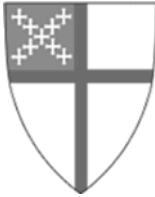


CHRIST CHURCH FOREST HILL
ROCK SPRING PARISH
January 2022



Christ Church Rock Spring Parish

2100 Rock Spring Church Road

P.O. Box 215

Forest Hill, MD 21050

Phone: 410-838-6606

Email: ChristChrsp@gmail.com

Website: www.ChristChurchForestHill.org

Office Hours: Tues & Thurs 10 – 2 (new hours) *

Please call prior to coming...Other hours by appointment.

Priest-In-Charge: Fr. Kirk Kubicek

Parish Administrator: Anna Risdorfer

Sexton: John Tipton

Vestry Officers: Molly Neal, Senior Warden

Jane O'Leary, Treasurer

Tony Davis, Junior Warden

Music Team Leaders:

Marianne Kidd—Choir Director

Lyn Edmunds—Song Leader

Robert Hitz—Music Consultant

The Chimes

Dear Sisters and Brothers in Christ,

Every day I give thanks for the day I arrived at Christ Church Forest Hill. Advent and Christmas is always a special time in our 1805 historic church. So many of you work hard for weeks for the rest of us to experience the Lord's presence every time we step in the door. Despite a pandemic that is nearly two years long and growing, our Vestry, Officers, Altar Guild, Episcopal Church Women, and staff, along with our Live Stream congregation and those who can come to church: together we are Church – people dedicated and faithful in our love for our Lord, Jesus Christ. We are close to finishing the Warm Hearts/Cool Worship fund that is paying off the chiller that allows us to cool the church in the summer months. Thank you for all you have done for Christ Church in 2021!

Currently, we are looking forward to 2022. Specifically, it is the time of year when we review and renew our financial commitment to the Missions of Christ Church. Our outgoing Treasurer, Leslie Amtmann, reports that as of right now we have 15 pledges totaling \$41,000. For those who have made their pledge for 2022, we all thank you.

On Wednesday, January 19th, our Vestry hopes to finalize a budget for 2022. Your pledge can ensure that we continue to provide worship services every week, while making it possible for people throughout the community to have a space to meet with others working on similar goals for spiritual and physical health. Every dollar that you commit to Christ Church Forest Hill touches lives with the love of Jesus.

Please take time today to review your giving Christ Church, and then **fill out the pledge sheet in this issue of The Chimes**. Whatever you can give toward 2022 will provide real ministry to all our members and those who turn to Christ Church for support. You can make a difference in the lives of others while getting to deepen your relationship and commitment to our Lord at the same time.

In our Catechism, it says that *it is the duty of all Christians to Work, Pray and Give for the spread of the kingdom of God, according to the gifts given to us by God and the Holy Spirit*. (BCP 855-56) Now, more than ever, Christ Church, depends on all of us to step up and make a pledge today.

On behalf of all of us, and those we serve, thank you for your support.

Yours in Christ,

Fr Kirk Kubicek
Priest in Charge

Stewardship Pledge Card

2022

In prayerful consideration of my/our stewardship of God's resources, responsibility to Christ Church, and the desire to take the next step in my/our journey of faith, I/we pledge the following financial support to Christ Church for the 2022 church year:

Weekly \$ _____

Quarterly \$ _____

Monthly \$ _____

For a total of \$ _____ per year

Name: _____

Address: _____

Phone #: _____ Email: _____

- I would like to receive envelopes (circle one): YES NO
- Envelope # _____

Signature: _____ Date: _____

Please return to Christ Church by mail.

Christ Church, Rock Spring Parish

P.O. Box 215

Forest Hill, MD 21050

Thank you and God Bless!



Christ Church Vestry Minutes
November 11th, 2021
[Virtual meeting via Zoom]

Attendance: Fr. Kirk, Lyn Edmunds, Lois Tidey, Molly Neal, Laurie Morris, Lloyd Merriam, Marianne Kidd and Kate Davis.

Meeting began at 7:03 PM with opening prayer.

The Vestry minutes from the last meeting were approved.

Treasurer's Report: Balance in our checking account is currently \$14,532 of which \$10,683 is reserved. The income was about equal to expenses this month. There was a small increase in pledge income. We have \$2,917 left to pay off the chiller (WHCW) debt. It was noted that BB&T bank is now called Truist. The treasurer's report was approved.

No activity from the Cemetery Committee this month.

Rector's Report – the case numbers and positivity rates are beginning to rise slightly (mostly among unvaccinated people); however, hospitalization rates are beginning to go down – vaccinations are doing their job. Receiving from the common cup is still off the table, at least until the end of the year. Sanitizing surfaces is still a good idea. Washing hands with soap and water is still the best method, as opposed to hand sanitizer. When we are able to bring back wine, there will be new protocols on safety (i.e., no longer allowing intinction by parishioners).

Fr. Kirk will pass along the "Pathways to Health" grant for the vestry to review and consider if we'd like to pursue applying. We would need a volunteer to take the lead on this effort.

A search committee has been underway in the search for a new Bishop, which will take another 1-2 years (Bishop Sutton will remain in his position during this time).

Sr. Warden's Report – one of the outside groups that uses the Parish Hall would like to use it on Christmas day (Saturday); this has been approved. The newly formed Green Team now has a liaison to the vestry: Lyn Edmunds. The ECW has suggested that we get signage indicating which building is the Annex vs. Parish Hall. The vestry agreed this was a good idea to pursue. It was also suggested that an exterior auto-sensor/solar light be added outside the front door of the Annex. Libby Ohl's 90th birthday is today.

Jr. Warden's Report – Dave M. moved one of the concrete barriers to protect the little free pantry/library. The overflow from the Parish Hall and Annex gutters was flooding the gardens in the courtyard, so Dave separated the gutters to reduce the overflow.

Green Team Report – the Green Team is headed up by Melinda Chase and additional members include George & Danette Moss, Fr. Larrie & Janet Clifton, Molly and Lyn E. (liaison for the vestry). They have had several informal meetings and two formal walkabouts the church property and nearby spring. A representative from the Maryland Sea Grant visited our property for an initial assessment of any improvements that could be made to our grounds in effort to protect and restore the Chesapeake Bay watershed.

The team attended online sessions over Zoom on how to begin a Green Team in a church, sponsored by the Chesapeake Bay watershed. They got to see projects that other churches have been working on. In the first two months, they have accomplished the following:

- Got credentialed by our faith leader, Fr. Kirk
- Designated Melinda as leader, she has been learning from the Harford County Watershed Stewards Academy
- Informal meetings and regular communications over email
- Identified possible partners
- Arranged for a Maryland Sea Grant assessment
- Learned to identify plants around the property and that we have two bow deer hunters on our property (they will be respectful about the use of our property). Melinda has to do a capstone project as part of her training. They will be discussing ideas soon. Lyn sent the vestry a copy of the “Interfaith Partners for the Chesapeake (IPC) Congregation Pledge” for review. The vestry voted to move forward with submitting the pledge, as soon as we get approval from all parishioners. The deadline for submittal is 12/31/21. She will put together a brief write-up that Fr. Kirk can distribute to the parish for review/approval.

The next meeting will be on 12/15 at 7:00pm.

At 8:15 pm, the meeting ended with a closing prayer.

Blessings,
Kate Davis



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Take a look.....from *Mary Jane Parrish*

- If you get a chance check out two articles in the "Fallston Neighbors" magazine that is located on the back table in church. Two of our church families have very interesting stories to tell as well as one of the articles was written by a church member!
- On the front cover of the October issue is a wonderful picture of Rob and Christine Miller Lane and a great article and pictures on pages 8-10 with their family and a little history of their military careers.
- On pages 12-13 is another interesting article about Melinda Chase and her "Watershed Moments" written by Lyn Edmunds, who lives in Fallston. Also listed are sources for more information if anyone is interested in learning more about the watershed in Harford County. These are wonderful articles.



On behalf of all of the Christ Church Family a sincere and heartfelt thank you goes to two outgoing Vestry Officers: Treasurer, Leslie Amtmann and Jr. Warden, David Martell. Their dedicated work over the years on behalf of Christ Church has kept our finances in excellent order and our grounds and buildings looking beautiful and well maintained. Leslie and David will continue as regular vestry members.



As we turn the page to greet 2022 let us welcome our new Jr. Warden, Tony Davis. As a member at Christ Church, Tony is familiar with our property layout and brings many talents to the position. David and Tony are working together to assure a smooth transition. Welcome Tony! We are also happy to welcome Jane O'Leary+ who will be taking on the Christ Church, Acting Treasurer duties until a new Treasurer is identified. Some of you may remember Jane+ as the former Arch Deacon of our Diocese. She is also the sister of Molly Neal. We are grateful for her willingness to bring her accounting skills to help us during this transition. Leslie and Jane+ are working together to assure a smooth hand off. Welcome Jane+!

Volunteer for Others but Also for Yourself

BY JOANNE FRITZ January 16, 2021

The Independent Sector, an organization that gathers tons of statistics about charitable activities, places an Estimated National Value of Each Volunteer Hour every year. That value stands, as of 2019, at \$27.20 an hour. The actual amount varies from state to state, but we can see that volunteers are precious people. But money means nothing to volunteers. They do it for many other reasons, but primarily to help other people or animals. Nevertheless, there are many side effects of volunteering that make it even more worthwhile.

Most of us want to help those less fortunate than ourselves. We do not volunteer, for the most part, because it benefits us. **We volunteer because it makes a difference.** But there are even more benefits to volunteering. We notice a subtle shift in ourselves when we volunteer. We feel more connected to others, and we become less absorbed in the normal stresses of daily life. We share our experiences with others and want to help more. Sure, we know that volunteering makes us *feel good*. Did you know that, when you volunteer, you are improving your life and maybe even your health? The benefits of volunteering are countless. But there are social, emotional, physical, and professional perks. Here are fifteen proven benefits of volunteering

1. Volunteering Builds Community: According to the Corporation for National & Community Service, you strengthen your community and your social network when you volunteer. You make connections with the people you are helping, and you cultivate friendships with other volunteers.

2. Ends Loneliness: The Campaign to End Loneliness says that close to 45 percent of people in the US and the UK admit to feeling lonely. On top of that, one in ten adults reports that they have no close friends. Loneliness and social isolation are two of the most severe epidemics in the world today. The simplest way to reverse this? Volunteer!

3. Increases Socializing: Socially, the benefits of volunteering show up quickly and have long-term effects. Social interaction improves mental and physical health, according to Psychology Today. The benefits of consistent socializing include better brain function and lower risk for depression and anxiety. You also improve your immune system.

4. Builds Bonds, Creates Friends: Volunteering creates stronger bonds between friends, family, and coworkers. People build closer relationships, better connections, and more powerful attachments to people when they work together. If you feel the need for deeper connections with other people, try volunteering. You might live longer and be happier.

5. Develops Emotional Stability: Depression, Post-Traumatic Stress Disorder, low self-esteem, and even Obsessive Compulsive Disorder have all been helped by volunteering. When people with OCD, PTSD, or anger management issues volunteer, they feel more connected to others. They have an increased sense of purpose. Connection and meaning translate to decreased symptoms and improved social function.

6. Improves Self-Esteem: When teens or young adults volunteer, they develop self-esteem, confidence, and feelings of self-worth. Imagine the benefits to volunteering today, where both girls and boys struggle with self-esteem issues. Consider the advantages of volunteering for teens and young adults with eating disorders, social anxiety, and depression. Volunteering could be life-changing (and life-saving).

7. Helps Those Most Affected By Mental Illness: Volunteering can also help prisoners who make up the largest demographic of mental illness in North America. It is estimated that 37 percent of inmates in the U.S. have some form of mental illness. Programs like Paws for Life allow incarcerated individuals to train shelter dogs. It is evident to prison officials that inmates become calmer when they work with the dogs. They seem more committed to their rehabilitation too. Similar programs help war veterans recover from PTSD when they volunteer at animal shelters. Dogs are man's best friend, but helping those in need proves to be beneficial for both humans and canines. On a more fundamental level, volunteering reduces stress and improves well-being. Volunteering gives people the tools they need to be happier, healthier, and well-rounded individuals. It also keeps us young.

8. Promotes Longevity: While everyone benefits from a little boost in physical health, long-term volunteers have longer lives, less disease, and better overall health. One report says that people who volunteer over 100 hours a year are some of the healthiest people in the U.S.

9. Reduces Risk of Alzheimer's: Alzheimer's disease has become a frightening possibility for millions of individuals in the U.S. and globally. However, some research has shown that people who volunteer may be at lower risk of dementia. Studies from the Journal of Gerontology indicate that social service improves elasticity in the brain. As volunteers age, they may be able to maintain the connections in their brains that often break down in Alzheimer's patients. Any social interaction can help delay or prevent Alzheimer's, and volunteering can be a fantastic way to do that.

10. Leads to Graceful Aging: Older volunteers benefit the most from getting out of the house, engaging with others, and moving physically. Purpose and collaboration result in mental health improvements and a better outlook on life. Studies indicate that senior volunteers experience the most physical benefit from their service, possibly because being active and engaged leads to more happiness. Older people who volunteer often feel younger and chronically ill people may have fewer symptoms and pain. Some research has even found that volunteers may have less heart disease.

11. Burns That Stubborn Belly Fat: With more people in traditional desk jobs, we live a more sedentary lifestyle than ever before. The risks associated with less daily movement include back pain, disease, obesity, and more stress and mental illness. When we volunteer, even if it is not a physically demanding project, we still get up and get moving. Walking around a shelter or food bank, playing with kids at the local YMCA, or visiting with elderly patients at a neighborhood nursing home all require that you do more than sitting at a desk or on a couch. You could even choose to volunteer for causes or programs that make you more active, such as with youth sports programs or national parks. Volunteers live longer and are more likely to take care of themselves in general, including getting vaccinations and keeping their weight under control. Volunteering at something that requires physical energy may be more motivating than just walking around the block. Volunteering saves lives, both the lives of the people you help and yours. When you invest the time and energy to volunteer, you are investing in yourself just as much as in the causes you support.

12. Improves School and College Experience: For school-aged kids, volunteering builds social skills and develops awareness. High school students volunteer to boost their college applications, and college students volunteer to improve their job search post-graduation. Such programs benefit everyone. If you can get into a great college or accept a fantastic job offer as a result of your community service, why not? The benefits of volunteering do not have to be limited to others.

13. Provides Better Job Prospects: Many researchers have noticed that Millennials are some of the most civic-minded and socially-aware employees. They choose jobs that reflect their values and then continue to donate their money, time, and skills. According to AmeriCorps, 28.2 percent of Millennials share their talents with charitable causes, but their volunteer hours also make them competitive in the job market. Other generations, too, are finding that civic-mindedness has become an asset in the workplace. Including related and non-related volunteer work on a résumé can often showcase your skills, as well as reveal an openness to teamwork and a talent for innovation. Employers overwhelmingly look favorably on job applicants who have volunteered.

14. Develops Corporate Communities: One of the most significant trends in the volunteer world today is corporate philanthropy. More big-name companies than ever support local and national programs financially. They create employee volunteer programs to help their philanthropic efforts and to retain employees. Companies encourage employees to commit a certain number of hours every year to service programs. These corporate volunteer programs give employees a chance to volunteer during work hours. Doing so increases the likelihood that people will volunteer, even during their personal time. Companies that offer employee volunteer programs may attract more committed employees, as well.

15. Volunteering Adds Fun to Your Years: Volunteering and freely giving your time, energy, and resources to people and causes around the world can create change on a global scale. It is incredible to think that one person's efforts can change the life of someone else somewhere in the world. However, the best part, and often overlooked is that **volunteering is just plain fun**.

Don't overlook the benefits of volunteering. Embrace them!



Episcopal Church Women

HOLIDAY RAFFLE WINNERS!

Congratulations to these lucky winners whose names were drawn in our recent raffle:

- #4 JUST CHILLIN' —KAITLYN TILLMAN
- #3 COZY CHRISTMAS—CAROL ANN RUTH
- #2 Old Fashioned Holiday—Shirley Morse
- #1 Handcrafted Quilt—Lyn Edmunds

(some of us might have been a tiny bit green with envy, but Lyn was TICKLED PINK to win!)



CHRISTMAS CHEER BASKETS—In December, we shared the joy of the season with baskets filled with fruit, cookies, and puzzle & coloring books along with festive mugs of fresh greens. Many THANKS to MaryJane for creating such beautiful holiday arrangements, and to those who contributed goodies and made these special deliveries!

UPCOMING ECW MEETINGS

JANUARY—NO MEETING

FEBRUARY 7 —ECW MEETING 7PM IN THE ANNEX

MARCH 14 —ECW MEETING 7PM IN THE ANNEX



As we look forward to the time when we can resume hosting popular Christ Church events such as the Spaghetti Dinner, Ladies Tea, and Rummage Sale, we invite you to share your ideas. We welcome you to any of our meetings; if you are interested in serving as an Officer of ECW, please let one of us know!

**All women of
Christ Church
are automatically
members of ECW!
YOUR IDEAS ARE
WELCOME!**



Current Roster ECW Officers

President	
Colleen Murphy	410-925-5875
Vice-President	
Leigh Spicer	410-838-5922
Corresponding Secretary	
Janet Clifton	410-838-5072
Recording Secretary	
MaryJane Parrish	410-456-7931
Treasurer	
Melinda Chase	443-866-1134

A black and white photograph of four women smiling and posing behind a table covered with Crayola 'Winter Season' coloring pages and markers. The women are of various ages, and the background shows a room with a clock and a door.

QUOTE - COURTESY OF KATE DAVIS



James Thurber



AND SO IS YOUR CHRIST CHURCH FAMILY.

WEEKLY ENVELOPES

BLESSINGS REPORT

December total is \$6,190.

We need \$2,000 **each week** to meet our expenses.

"We make a living by what we get.
We make a life by what we give."

— Winston Churchill

**Please remember to
mail your offering to:**

**Christ Church
P.O. Box 215
Forest Hill, MD 21050**

(Do not include the street address)

HAND ME DOWN HUB

Marianne Kidd

410-937-0865

HMDHub@gmail.com

www.Facebook.com/HMDHub

Remember to

Infant to Teen sizes available.

**Send a request for yourself
or another.**

INCLUDE YOUR PARISHIONER NUMBER
ON THE ENVELOPE. IT HELPS ENSURE
ACCURACY OF OUR RECORDS.

MANY THANKS FOR YOUR GENEROSITY.

HAPPY BIRTHDAY

January

3rd Jennifer Clifton
5th Hank Selke
9th Brendon Rahn
12th Fr. Larrie Smith
18th Terry Hall
20th Sophia Borkowski-Johnson
21st Stephen Chase
22nd Jacob Lane
23rd Bill Morris
23rd Tony Davis
28th Sierra Lejeune
29th E
30th L



Lord

27
for Philippians 2:5-11

The Epiphany

alm: Psalm 72:1-7, 10-14

Lesson: Isaiah 60:1-6

Lesson: Ephesians 3:1-12

Gospel: Matthew 2:1-12

If you need envelopes or have questions regarding your giving statement, please contact Leslie Amtmann.

18 – Confession of St. Peter, Apostle

Psalm: Psalm 23

1st Lesson: Acts 4: 8-13

2nd Lesson: 1 Peter 5:1-4

Gospel: Matthew 16:13-19

HAPPY ANNIVERSARY

January

1st George Barnett & Danette Moss

22nd Mary Jane & Leonard Parrish

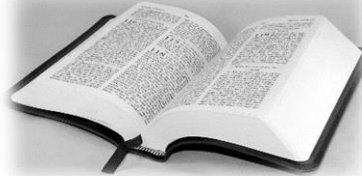
25 – Conversion of St. Paul, Apostle

Psalm: Psalm 67

1st Lesson: Acts 26:9-21

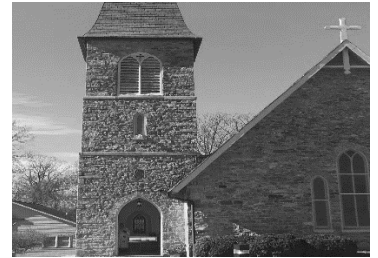
2nd Lesson: Galatians 1:11-24

Gospel: Matthew 10:16-22



Christ Church Rock Spring Parish
In the Episcopal Diocese of Maryland
2100 Rock Spring Road
P.O. Box 215
Forest Hill, MD 21050

January 2022



Please PRAY for those who are sick, in any kind of need or difficulty, especially:





For the residents of Harford Family House; For peace and understanding in Baltimore; For all the victims of recent terror attacks throughout the world; For the refugees leaving Syria and Central America in desperation; For those who suffer because of the extreme humanitarian crises; For all the people in the Middle East, that they can experience peace and stability in their lands; For the victims of natural disasters; For the communities that have experienced Mass Shootings & Riots.

For those on our prayer list: For Sue Tressler, Lynn Klein, Kevin & Linda, Anna Humphreys, Phil Klein, Betty Parker, Beverly Gomez, Tara Schatzel, Dan Moss, Ken Edmunds Jr, Robin, Keith Hamilton, Sharon Selke, Sharon Slaughenhoup, Warren Flatt, Caroline, Donald Heddy, Karen Fulcomer, Art Smith, Eliot, Rebecca, Louise, Carole, Becky, Don, Peter, Lael, Jacqueline, Hollis, Mike Yates, Sue Sampson, Lois & Richard Tidey, Catherine Horchner, Ken, Libby Ohl, Judith Herseth, Mary Tucci, Sherry Cole, Silvia Meranski, Sam Robertello, Eileen Shaver, Nancy Capricciuolo, Blake Gude

For our Missionary: Jean M. Baumbach

For these parishioners who are unable to be with us every Sunday:

Glassell & Betty Parker; Anna Humphreys; Beth Hauser; Lyndon

Sunday 9:45 am Live/In Person Morning Prayer (4 th Sunday) Comm Service (1 st , 2 nd , 3 rd , 5 th Sundays)	Monday 9:00-11:00a Jazzercise 5:30-6:45p Jazzercise 7:00-9:00p AA—Mon Night Raw	Tuesday 9:00-11:00a Jazzercise 10 am Quilters 6:50-7:50p Aerobics 8:30-9:30p AA—Primary Purpose	Wednesday 9:00-11:00a Jazzercise 5:45-7:45p Jazzercise	Thursday 9:00-11:00a Jazzercise 6:50-7:50p Aerobics 8:30-9:30p AA—Primary Purpose	Friday 9:00-11:00a Jazzercise 7:00-8:00p AA—Fri Night Group	Saturday 8:30-10:30 a AA—New Beginnings
						Happy New Year 2022
2 2 nd Sunday after Christmas 9:45 am Communion Service AG— Debbie	3  The Holy Name of Our Lord Live Stream 11:55 noon prayer	4 Live Stream 11:55 noon prayer	5 Live Stream 11:55 noon prayer	6  The Epiphany Live Stream 11:55 noon prayer	7 Live Stream 11:55 noon prayer	8
9 The Baptism of our Lord 9:45 am Communion Service AG—M.J.	10 Live Stream 11:55 noon prayer	11 Live Stream 11:55 noon prayer	12 Vestry Meeting Live Stream 11:55 noon prayer	13 Live Stream 11:55 noon prayer	14 Live Stream 11:55 noon prayer	15
16 2 nd Sunday after the Epiphany 9:45 am Communion Service AG— Molly	17 Live Stream 11:55 noon prayer	18  Confession of St. Peter, Apostle Live Stream 11:55 noon prayer	19 Live Stream 11:55 noon prayer	20 Live Stream 11:55 noon prayer	21 Live Stream 11:55 noon prayer	22
23 3 rd Sunday after the Epiphany 9:45 am Morning Prayer AG— Hazel	24 Live Stream 11:55 noon prayer	25  Conversion of St. Paul, Apostle Live Stream 11:55 noon prayer	26 Live Stream 11:55 noon prayer	27 Live Stream 11:55 noon prayer	28 Live Stream 11:55 noon prayer	29
30 4 th Sunday after the Epiphany 9:45 am Communion Service AG – Janet/Larrie	31 Live Stream 11:55 noon prayer					

Office Phone: 410-838-6606

Email: christchrsp@gmail.com

Office Hours: By appointment only